By His MAJESTY's AUTHORITY.

ESSENCE of PEPPER-MINT.

PEPPER-MINT, a plant peculiar to our own Country, differs remarkably from all the other kinds of Mint, in its quick, penetrating ſmell, and in its ſtrong warm taſte, pungent like pepper, glowing upon the lips, and ſinking as it were into the tongue. Theſe qualities gave occaſion for trial to be made of it as a Medicine; and ſo well has it been found to anſwer what its ſingular ſmell and taſte promiſed, that tho' the plant was not known till towards the beginning of the preſent century (being firſt mentioned, ſo far as I can find, by Mr. Ray, in the ſupplement to his hiſtory of plants), its uſe has for ſome years been eſtabliſhed throughout the kingdom.

General experience has confirmed, beyond diſpute, the great virtues of this plant in colicky pains and flatulencies, as well thoſe which happen ſuddenly from various cauſes to perſons in health, as in thoſe which are in a manner habitual to the weak and ſedentary; in the Reachings, Sickneſs, Loſs of Appetite, and other injuries brought on by the abuſe of wines or of ſpirituous liquors; in hyſterical or hypochondriaical Depreſſions; in the Tremblings, Lowneſs of Spirits, and various Nervous Weakneſſes, which women of tender conſtitutions are ſo often afflicted with, and which the plentiful uſe of tea contributes greatly to ſupport. Flatulency has perhaps the greateſt ſhare in the complaints of Infants: no one remedy that we are acquainted with is ſo beneficial and ſo grateful as this Eſſence: two or three drops in a ſmall boat of victuals have effectually relieved.

Theſe

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Theſe virtues of Pepper-Mint are in general acknowledged by Phyſicians: Some of the moſt attentive and judicious have been wiſhing for a more elegant and advantageous preparation of this valuable plant than thoſe hitherto known: all thoſe in common uſe are accompanied with conſiderable inconveniencies; the ſimple diſtilled water is very precarious in ſtrength; the ſpirituous water is rendered by the ſpirit detrimental in ſundry caſes where the ſimple virtue of the Pepper-Mint would be ſalutary; the eſſential oil, a moſt potent medicine, is incommodious in the doſing and taking; and all theſe preparations have ſome ſhare of a diſguſtful flavour, joined to the warmth and pungency of the herb: In this ESSENCE all the reſpective advantages of thoſe preparations are united, and their inconveniencies are entirely obviated.

Beſides the virtues and uſe of Pepper-Mint before recited, we can juſtly ſay, by means of this preparation its uſe is capable of being greatly extended; for in this form it becomes an excellent addition to the mineral waters, to prevent weak ſtomachs from being chill'd or pall'd by them: its doſe is alſo hereby eaſily accommodated to the exigence of the caſe. And here I ought not to omit inſerting the ſingular relief it has given in gouty attacks of the ſtomach and other internal parts, which ſometimes I have experienced to be almoſt inſtantaneous. Its action is indeed in all caſes ſudden: as ſoon as taken into the ſtomach, it diffuſes a glowing warmth thro' the whole ſyſtem; with this advantage above moſt of the other warm medicines, that it is not liable to exagitate the blood, or immoderately heat the conſtitution. Tho' it is effectual in thoſe caſes where ſpirituous cordials procure a temporary relief, its medicinal operation is nevertheleſs of a very different kind, as appears from its being one of the beſt remedies againſt the complaints which the habitual uſe of the other has produced.

This Eſſence contains the whole medicinal virtue of the Pepper-Mint, concentrated into ſo ſmall a compaſs, that the doſe in common caſes is only from three to ſix or eight drops in a wine-glaſs full of water, or milk and water, with or without a lump of fine ſugar: it may alſo be taken in the like quantity of any infuſion adapted to the diſorder, or in the common quantity of mineral waters, and that without diſguſt to thoſe to whom the common preparations are offenſive. In urgent caſes, particularly in gouty attacks of the ſtomach and bowels, the doſe may be increaſed from ten to twenty drops, and be repeated every hour or half hour as long as the ſymptoms require; but let it be obſerved, that it is only on ſuch urgent occaſions that ſo powerful a medicine ſhould be uſed ſo freely.

Since the firſt publication of this Medicine, experience has abundantly confirmed all that has been ſaid of it: Women in the early ſtate of Pregnancy have

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have teſtified the ſingular relief they have had from only ſix or eight drops of it two or three times a day, eaſing them of their ſickneſs, reachings, and colicky pains; Infants of three or four days old, from one drop in a little magneſia, have been almoſt immediately relieved. Variety of Inſtances might be given of its ſalutary effects in expelling the Gout from the Stomach, in reſtoring ſuch as have been injured by exceſſes, &c. in which caſes the doſe has been extended to 30 drops. Its efficacy has likewiſe been remarkable in appeaſing violent diſorders occaſioned by ſudden ſurprize, ten or fifteen drops inſtantly recovering the wonted calmneſs and compoſure of the ſpirits. It may be proper here to add, that if a little attention is paid to the powerful effects of this valuable Medicine, it will he found, by its continued uſe, agreeably to warm the habit and ſtrengthen the nerves in thoſe that require ſuch kind of aſſiſtance; ten or fifteen drops being taken two, three, or four times a day.

The merits of this Preparation being duly conſidered, together with the circumſtances of its being always of an uniform ſtrength, and ſo commodious for uſe, it cannot but appear to be a very deſirable one in the liſt of thoſe that are kept in great Families, eſpecially ſuch as are ſituated at a diſtance from chief towns: And indeed, from what has been ſaid, it muſt be acknowledged to be admirably well accommodated to the ſervice of the Army, of the Navy, and of all thoſe, both at home and abroad, whoſe particular ſituations may forbid them the immediate aſſiſtance of the ſkilful Phyſician, and the neceſſary variety of Medicine. In a word, from reaſon and experience, we are convinced this elegant Eſſence will be of public utility in proportion as it can be diffuſed throughout the world.

Prepared by J. Juniper, Patentee, in Dean-ſtreet, Soho, London; and ſold by hi sAppointment, Wholeſale and Retail, by Mr. John Creed, in New-ſtreet, near Turnbailiff's-lane, Dublin, where Letters from the Country will be duly attended to. It is alſo ſold by Mr. Sillcock, in Skinner-row; Mr. Saunders, in Caſtle-ſtreet; and by Mr. Paſley, at the Half-Moon and Seven Stars in Great Abbey-ſtreet; and no where elſe in Dublin. In Bottles with Glaſs Stoppers at 2s. 6d. Engliſh each, and in Vials at 1 s. 6 d. Engliſh, with Directions.

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